





United Cerebral Palsy Seguin of Greater Chicago is approved by the Continuing Education Board of the American Speech-language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This Course is offered for .45 ASHA CEUs. Introductory level Professional area. (100% Attendance Required)

Dual Diagnosis: ASD & Mental Health Disorder

Facilitated by: **Dr. Ruth Aspy** — Ph.D

December 19, 2018

9:00 AM - 3:00 PM

Registration Starts At: 8:30am

Peoria Civic Center

201 SW Jefferson Avenue Peoria, IL 61602

Who Should Attend? This session is designed for SLPs, OTs, PTs, Gen. Ed. Teachers, Sp. Ed. Teachers, Social Workers, Parents and Administrators

What Is It? Individuals with ASD are at greater risk for mental health challenges than are their neurotypical peers. These challenges include: anxiety disorders and panic attacks (sometimes called meltdowns); depression and increased risk for suicide; and catatonia. Mental health challenges in ASD are related to sensory differences, high rates of bullying, emotional dysregulation, and the need for predictability, as well as other neurological differences. Effective intervention for these mental health challenges begins with addressing the underlying characteristics of autism.

Financial Disclosure: Ruth Aspy is being paid an honorarium and travel expenses for this presentation. Non-Financial Disclosure: Ruth Aspy has no relevant nonfinancial relationships.

Outcomes

Participants will be able to:

- •recognize the signs that an individual with autism is experiencing depression.
- describe the relationship between sensory differences and anxiety in people with autism.
- •discuss catatonia and autism with others in the community.
- implement strategies that address mental health challenges for those with autism.

Please Make Your Own Arrangements For Lunch

How do I sign up? – PLEASE PRINT NEATLY

Registration Fee: NO COST

CEUs for SLPs using the ASHA registry - \$5.00 processing fee (non-refundable). This fee does not apply to SLPs who independently track their credit hours.

Please Fax completed registration form to: 708-444-4204 Atten: Debra -- or Scan & Email To: deubanks@ucpnet.org & bliszeo@ucpnet.org

Phone: 708/444-8460, Debra, Ext. 223 or Maureen Joy, Ext. 248

This program qualifies for ISBE PD Clock Hours and CE for SLPs, PTs, OTs, SWs and Nurses through IDFPR, and ASHA CEU

Please check the website www.myinfinitec.org before coming to trainings to make sure there have been no changes in location or for any weather concerns.

Note: Peoria - Parking \$7 per vehicle.

This seminar that relates to Autism Spectrum Disor	der aligns with my school improvemen	t planYesNo
Name:	Title/Position:	
Organization/School District:		
Coalition Agency (if applicable):		
Name of Work Site/Address:		
City:		Zip:
Business Phone:	Business Fax:	
Business Email:	Cell Phone:	
Home Phone:	Home Email:	
Age-level(s) served: ☐ Early Childhood ☐ Elen	nentary	Any info changed?: ☐ Yes ☐ No
Accommodations/alternate formats needed (2 week Registration for: Dual Diagnosis: ASD & Mental		