

# **ASSISTIVE TECHNOLOGY RESOURCE GUIDE:**

## **SEATING/POSITIONING/MOBILITY**

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### **What is available to support seating/positioning/mobility?**

Alternative seating, adjustable desks or tables, wheelchairs, equipment to help with opening doors, accessing bathrooms and other areas of the school, and more as the student requires. There are also types of alternative seating which support students with sensory needs.

### **What types of students might benefit?**

Students with physical impairments, sensory needs, autism, ADHD. Accessibility to buildings is required by ADA and is often blended in as universal design within a building, though specific students may require specific adjustments or modifications to access the environment.

### **How does it help?**

Students are able to comfortably and safely access the same environment as their peers. This allows the students to focus on learning.

### **Who can be a support on your team?**

Physical Therapist, Occupational therapist, IEP team, student, parent, outside vendors

### **Seating, Positioning, and Mobility Skills to Consider:**

- Moves about/ambulates around the classroom, school, and/or community
- Manipulates educational materials as required in assigned activities
- Maintains appropriate seating/ position for participation in relevant activities

### **Common Classroom Tools:**

- Chairs, desks and tables
- Computer workstations

### **Common Accommodations/Modifications/Strategies:**

- Adult assistance
- Modification of requirements based upon student's daily energy level and the task to be completed
- Modifications to standard chairs, tables, desks
- Provide ergonomic seating and positioning
- Provide multiple seating and positioning options throughout the day
- Wheelchair friendly classroom set-up

### **Assistive Technology Solutions:**

- Positioning Aids (e.g., prone and supine standers, side lyers)
- Adapted Classroom Equipment (e.g., tables, chairs and desks)
- Hospital beds
- Reacher/Grabber
- Lifts for transfers
- Mounting systems

# ASSISTIVE TECHNOLOGY RESOURCE GUIDE:

## SEATING/POSITIONING/MOBILITY

- Bookstand
- Walkers
- Crutches/canes
- Wheelchairs (manual/electric)
  - supports
  - accessories

Products mentioned below are examples of available items. Their listing in this guide is not an endorsement or suggestion for purchase. Consideration of the tool should be individualized to each student. **In the case of seating, positioning, and mobility a professional licensed in an appropriate field should be involved in selection and purchase for safety reasons.** Also check out <http://www.at4il.org/dme>

### Examples



Gaiam Classic Ball Chair  
<https://www.gaiam.com/>



Varidesk - Adjustable Height Desk  
<https://www.varidesk.com/>



Rifton - Stenders  
<https://www.rifton.com/>



Viggi - Seating, Desk  
<https://www.viggikids.com/>



Slant Board  
<https://www.therapyshoppe.com>



Book stand  
<https://levostore.com/>



Classroom positioner chair  
<https://www.especialneeds.com/>



Movin' Sit Air Cushion  
<https://www.enablemart.com/>